

Using Microsoft Exchange to send and receive e-mail

You can use Microsoft Exchange to send and receive e-mail within the organisation or across the world. In order to send mail you must know the e-mail address of the person you want to mail to.

Within XXXX all email addresses are of the form jbloggs@XXXX.ie

Outside of XXXX e-mail address may be much longer than this. The responsibility is on you to get the correct address. Incorrectly addressed mail will be returned to the sender. Microsoft Exchange provides an personal address book in which you can store frequently used e-mail addresses, plus, additional information such as the client's address, phone numbers and other details.

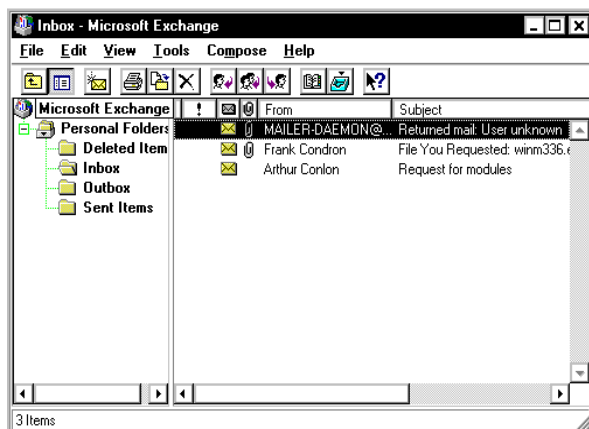
Overview of MS Exchange



Double click on the in-box to start MS Exchange

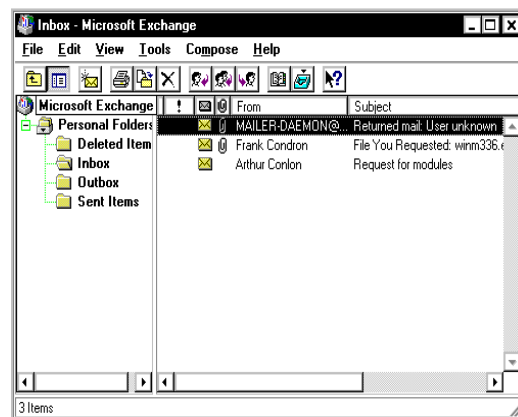


The title screen appears



The Exchange viewer is displayed.
There are four main parts to the viewer..

- The blue title bar at the top
- The menu bar (File, Edit, View etc)
- Toolbar
- The main viewer screen is divided in two.
 - The left side of the viewer lists your personal folders,
 - The right side, the contents of the selected folder.



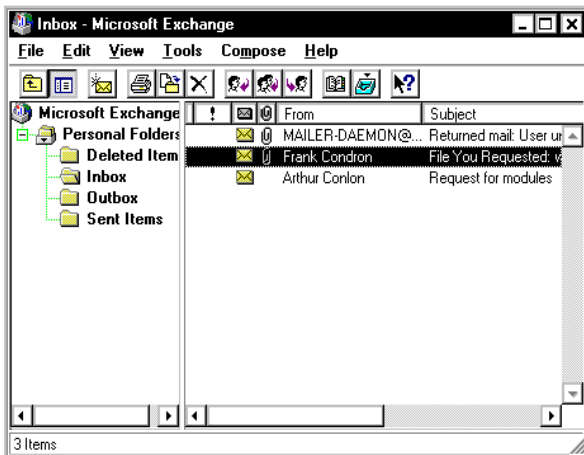
Viewing items in your inbox.

The inbox is the destination for your incoming mail. Click on the inbox folder icon in the left pane and you can see your incoming mail in the right pane.

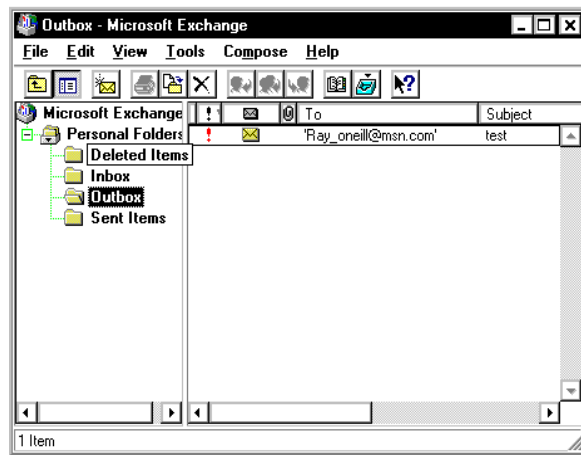
The left pane shows an envelope icon for each item of mail.

If a paper clip appears beside the envelope, the message contains an attachment.

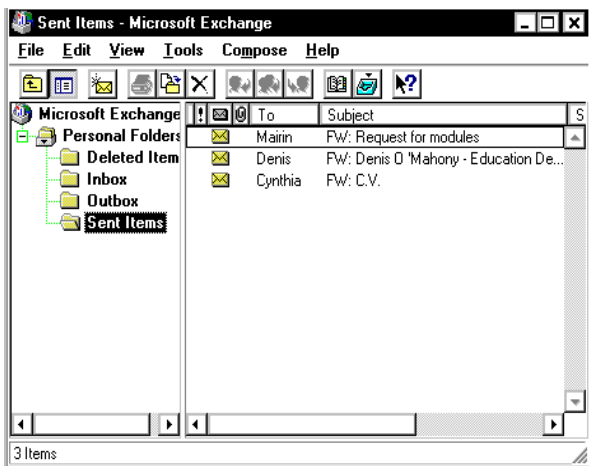
The senders name, the subject of the message and the date received is also displayed.



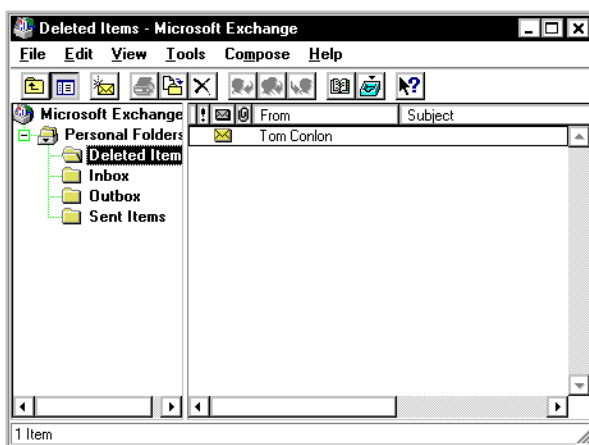
To read a message double click it.
The message is shown in a new window.
To return to the main windows select **File** and **Close** (or click the close button on the top right of the window).



You can view the contents of your **Outbox** in the same way as above. This folder will be empty most the time, as messages are delivered automatically and usually quickly.

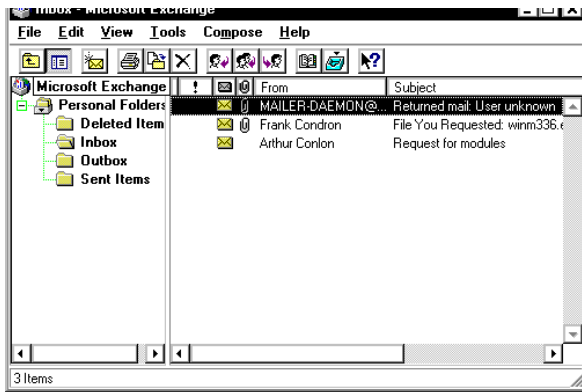


As soon as mail is sent from your station, a copy of the message is moved to the **Sent Items** folder. So, it is possible to check the contents of a message after it has been sent.

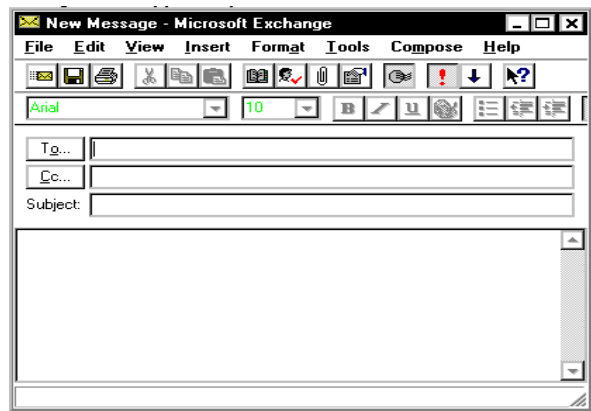


The fourth personal folder is the **Deleted Items** folder, we will explore this later.

Composing and Sending mail



Click on the **Compose New Mail** button



In to the **To** box type the full e-mail address of the person you want to send the message to. E.g. jbloggs@xxxx.ie (Multiple names can be separated with a semicolon).

Click the subject box and type the subject.

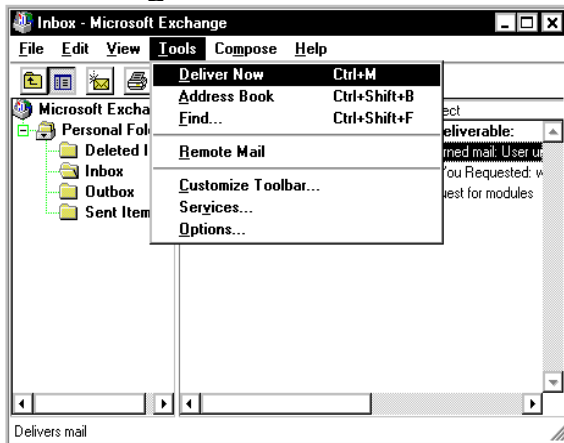
E.g. **re BOS meeting**

Click the message area and type the message.

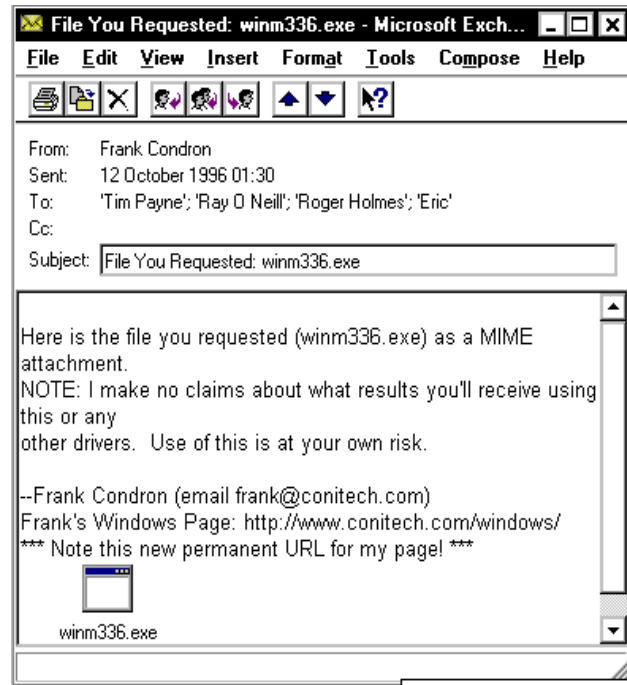
On the File menu, click send. (or click the Send button on the menu bar).

This moves your message to the **Outbox**, closes the new message dialog and returns you to the exchange explorer.

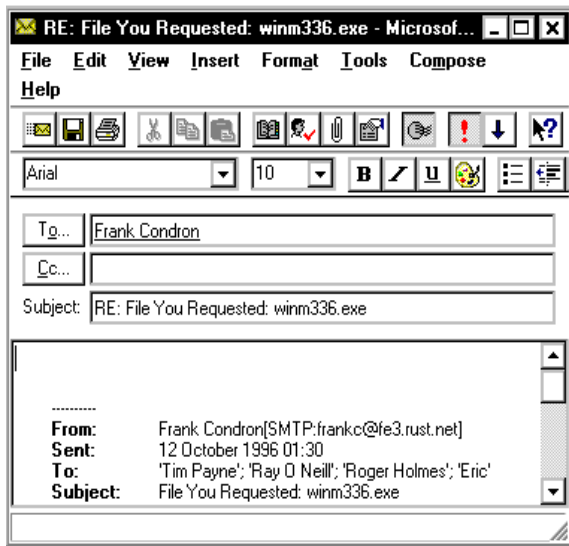
Receiving e-mail



Click on **Tools** and select **Deliver Now**
Click on the **Inbox** to see a list of messages.
Unread messages appear in bold type.
Double click on the message you wish to read.

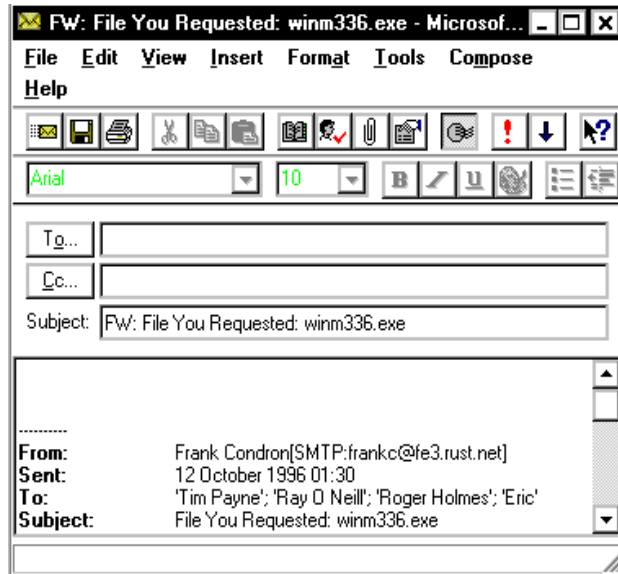


The **Received Message** window opens to display the message. (Note this message includes an attachment indicated by the icon at the bottom of the message)



To reply to the message.

Select **Compose, Reply** to sender (or click the **Reply to sender** button)



A **Compose new message** window appears with the name of the addressee and a copy of his message automatically included. You can type your message and send it by selecting **File, Send** (or clicking the **Send** button). You can Forward the message to a colleague or anyone else with an e-mail address by selecting **Compose, Forward** (or clicking the Forward button) entering the name of the proposed recipient in the **To** box.

You can also add comments of your own to the message before it is sent.